

Syracuse Dance Academy *Studio Schedule Sept 7, 2010 - June 2011*

Tumbling Classes

Studio	Class	Age/Level	Time
Monday Reserved for Performing Team Members. Students must be recommended or evaluated by the instructor.			
C	Adv Level 4	Back Hand Spring	4:30-5:30
C	Beg Level 2	Kick Overs	5:30-6:30
C	Inter Level 3	Back-walk-over	6:30-7:30
Tuesday			
C	Young Adv Girls	4-5 yrs. Old	9:00-9:45
C	Young Beg Girls	3-5 yrs. Old	9:45-10:30
C	Young Beg Boys	3-5 yrs. Old	10:30-11:15
C	Young Beg Girls	3-5 yrs. Old	3:30-4:15
C	Young Adv Girls	4-5 yrs. Old	4:15-5:00
C	Young Beg Boys	3-5 yrs. Old	5:00-5:45
C	Beg Level 1	Cartwheels/Kick Overs	5:45-6:45
C	Inter Level 2	Back-walk-over	6:45-7:45
Wednesday			
C	Young Boys	3-5 yrs. Old	9:30-10:15
C	Young Beg Girls	3-5 yrs. Old	10:15-11:00
C	Young Beg Girls	3-5 yrs. Old	4:00-4:45
C	Young Adv Girls	4-5 yrs. Old	4:45-5:30
C	Beg Level 2	Kick Overs	5:30-6:30
C	Inter Level 2	Back-walk-over	6:30-7:30
Thursday			
C	Young Beg Girls	3-5 yrs. Old	9:30-10:15
C	Young Adv Girls	4-5 yrs. Old	10:15-11:00
C	Beg Level 1	Cartwheels/Kick Overs	3:45-4:45
C	Inter Level 3	Back-walk-over	4:45-5:45
C	Young Beg Girls	3-5 yrs. Old	5:45-6:30
C	Boys Tumbling	1st-6th Grade	6:30-7:30
C	Adv Level 5	Multiple Pass	7:30-8:30
Friday			
C	Beg Level 1-2	Cartwheels/Kick Overs	4:00-5:00
C	Young Beg Girls/Boys	3-5 yrs. Old	5:00-5:45

Dance Classes

Studio	Class	Age/Level	Time
Tuesday			
B	Children's Dance II	4 yrs. Old	9:15-10:00
B	Children's Dance I	3 yrs. Old	10:00-10:45
B	Children's Dance I	3 yrs. Old	10:45-11:30
B	Children's Dance II	4 yrs. Old	3:15-4:00
A	Jazz/Ballet Pre/ Kinder	1 yr dance req.	4:00-4:45
B	Children's Dance III	Kindergarten	4:00-4:45
B	Children's Dance I	3 yrs. Old	4:45-5:30
A	Jazz/Ballet I	1st-2nd Grade	4:45-5:45
A	Jazz/Ballet III	3rd-4th Grade	5:45-6:45
B	Jazz/Ballet II	1st-2nd Grade	6:30-7:30
A	Jazz/Ballet IV	5th & Older	7:30-8:30
Wednesday			
B	Children's Dance II	4 yrs. Old	9:15-10:00
B	Children's Dance I	3 yrs. Old	10:00-10:45
B	Me & My Tot	18 Months & Parent	10:45-11:30
B	Jazz/Hip Hop II	Late Elem & up	7:00-8:00
Thursday			
A	Jazz/Ballet Pre/ Kinder	1 yr dance req.	9:15-10:00
B	Children's Dance II	4 yrs. Old	10:00-10:45
B	Children's Dance I	3 yrs. Old	10:45-11:30
B	Children's Dance II	4 yrs. Old	4:00-4:45
B	Children's Dance I	3 yrs. Old	4:45-5:30
B	Children's Dance III	Kindergarten	5:30-6:15
B	Me & My Tot	18 Months & Parent	6:15-7:00
B	Jazz/Hip Hop I	Early-Mid Elementary	7:00-8:00
Friday			
A	Classical Ballet III	7th grade & Up	3:00-4:00
A	Classical Ballet I	1st-3rd Grade	4:00-5:00
A	Classical Ballet II	4th-6th Grade	5:00-6:00
B	Ballroom I	1st - 4th grade	5:00-6:00
A	Ballroom II	5th grade & Up	6:00-7:00
A	Ballroom III	Adults/Couples	7:00-8:00
Saturday			
B	Children's Dance III	Kindergarten	9:15-10:00
B	Children's Dance II	4 yrs. Old	10:00-10:45
B	Children's Dance I	3 yrs. Old	10:45-11:30
B	Me & My Tot	18 Months & Parent	11:30-12:15

Performance Teams

Day/Studio	Class	Age/Level	Time
Jazz Competition Team			
<i>The Jazz Comp Team is for Beg/Inter Dancers. Class is once a week. They participate in 3-4 performances a year.</i>			
Mon B	Girls	1st-3rd Grade	6:30-7:45
Tues B	Minis I	Pre-School-Kinder	5:30-6:30
Wed B	Juniors	4th Grade & Up	6:30-7:45
Thur B	Minis II	Pre-School-Kinder	3:45-4:45
Thur B	Seniors	7th Grade & Up	7:00-8:15

Show-Time Dance Team

Intermediate/Advanced Dancers. Members attend 2-3 times per week & perform 5-6 times per year. They are encouraged to take an additional tumbling class.

Monday & Wednesday

A	Company/Seniors Adv/Int Jr High & Up	4:00-5:30
A	Juniors	Int Mid-Late Elem 5:30-7:00
B	Minis	Inter Early Elem 4:30-5:30
B	Girls	Inter Mid Elem 5:30-6:30

Saturday - Ballet/Technique

A	Company	Adv Jr High & Up 8:00-9:15
A	Seniors	Int Late Elem /Jr High 9:15-10:30
A	Juniors	Int/Adv Mid/Late Elem 10:30-11:45

Show-Time Cheer Team

Beg-Adv Students. Members attend 2-3 times per week & perform 5-6 times per year. Jr & Srs are required to take tumbling. Minis are strongly encouraged to take tumbling.

Thursday/Saturday

A	Minis	1st-3rd grade 4:45-5:45/10:00-11:00
A	Jrs/Srs	4th grade & Up 5:45-7:00/ 8:45-10:00

★FUN ★ FUN ★ FUN ★ FOR PARENTS ★

FREE ZUMBA CLASSES

to parents with enrolled students!!!

<i>Bring a friend! Punch cards are available in the office.</i>			
Tues A	Zumba	Adults/Parents	9:00-10:00 am
Tues A	Zumba	Adults/Parents	6:45-7:45 pm
Thur A	Zumba	Adults/Parents	10:00-11:00 am

Call **801-776-4313** for a FREE CLASS!

REGISTER ONLINE!

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